

Religion and Belief:

Finding ways to observe religious,
Indigenous or spiritual practices in
the time of COVID-19

**Inclusive Communities Lunch and Learn
Series**

October 21, 2020

Welcome



Sheridan | Equity, Diversity
and Inclusion

sheridancollege.ca

We would like to acknowledge that the land on which we gather has been and still is the traditional territory of several Indigenous nations, including the Anishinaabe, the Haudenosaunee Confederacy, the Wendat, the Métis, and the Mississaugas of the Credit First Nation. Since time immemorial, numerous Indigenous nations and Indigenous peoples have lived and passed through this territory.

We recognize this territory is covered by the Dish with One Spoon treaty and the Two Row Wampum treaty which emphasizes the importance of joint stewardship, peace, and respectful relationships.

Sheridan affirms it is our collective responsibility to honour and respect those who have gone before us, those who are here, and those who have yet to come. We are grateful for the opportunity to be working and living on this land.

Agenda

1. Context setting
2. Discussion
3. Q&A
4. Wrap-up

Introductions



Elijah Williams
Director Indigenous
Engagement



Rachael Chen
3rd year Animation
Program Student and
VP, Sheridan Christian
Fellowship



Alyse Nishimura
Counsellor



Hafssah Haroon
3rd year Child and
Youth Care Program
Student and
President, Muslim
Student Association



Margaret Sanderson
Manager
Accessibility & Inclusion

Context Setting

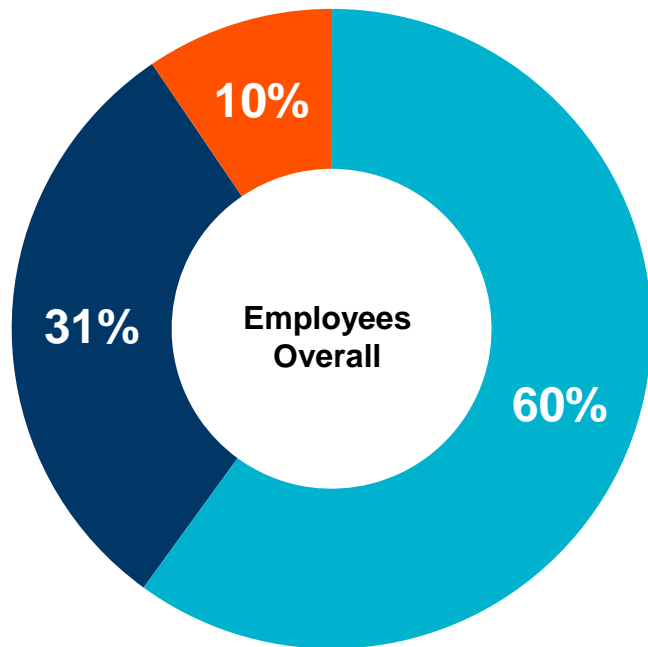
Human Rights and Creed

- Protections under the law
- What does “creed” mean?
 - Religious beliefs and practices
 - Non-religious belief systems
- Substantially influence a person’s identity, world view and way of life



Religious/Spiritual Employees

Sheridan Employee Census

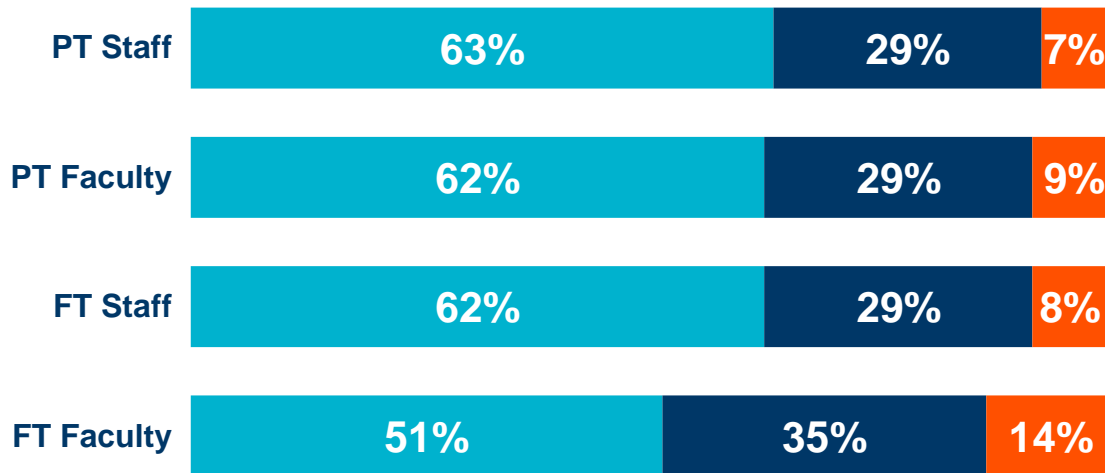


● Self-Identify

● Do not self-identify

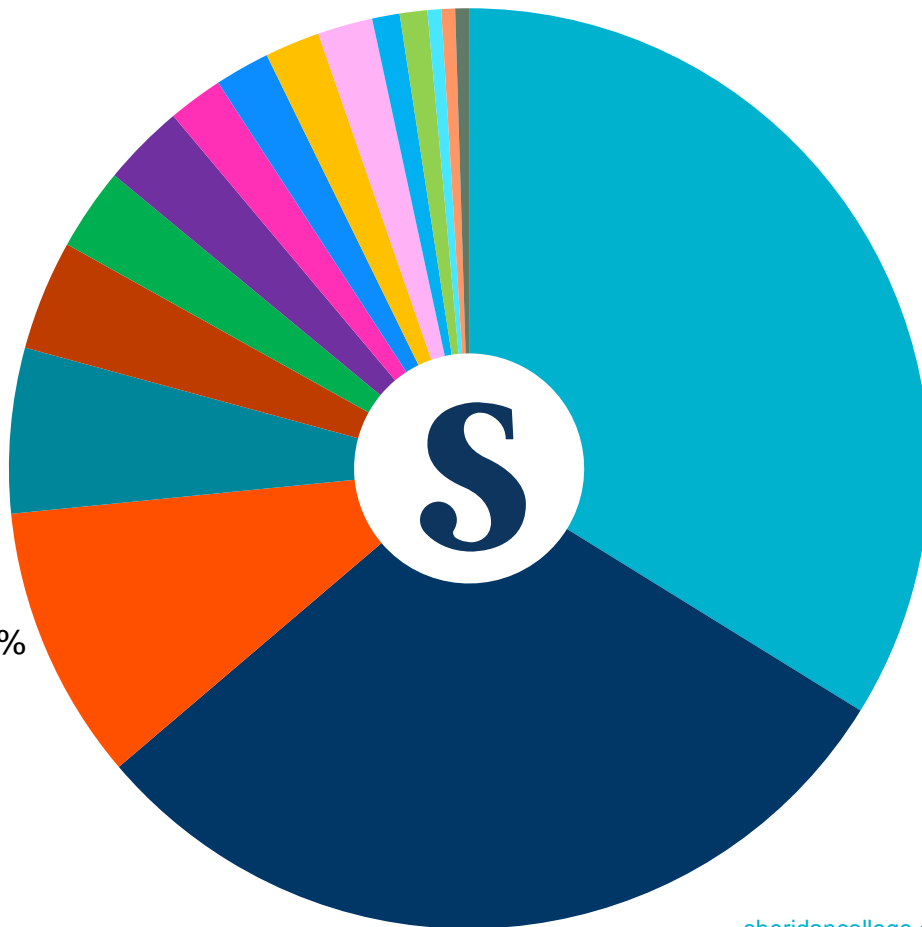
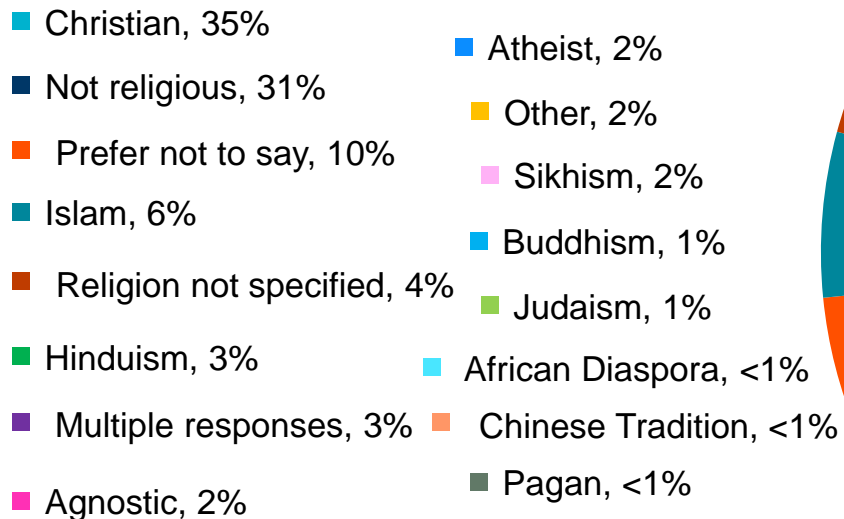
● Prefer not to answer

Employee Groups



EMPLOYEE CENSUS RESULTS

Religion/Creed/Spirituality



Impacts of Covid-19

- Congregation – limits, closures, delay of pilgrimages
- Religious rites and pastoral care
- Charitable work – essential social services such as hunger relief

“If we don’t stay open, these kids are going to go hungry. The threat of COVID-19 is not as real for some people as the threat of hunger.”

Idris Abdul-Zahir, Head imam, Masjidullah mosque, West Oak Lane, Philadelphia, USA
[The New Yorker](#)

Sources:

[“What Religion Can Offer in Response to Covid-19](#), Kathleen Marshall, World Politics Review (May 26, 2020)

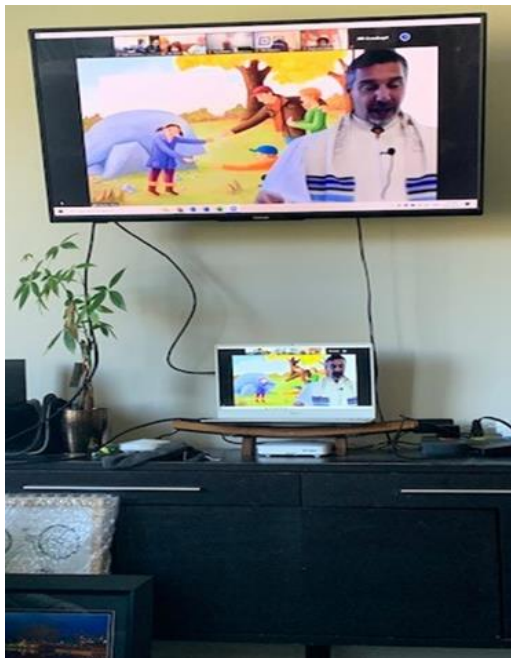
Simon Dein, Kate Loewenthal, Christopher Alan Lewis & Kenneth I. Pargament (2020) COVID-19, mental health and religion: an agenda for future research, Mental Health, Religion & Culture, 23:1, 1-9, DOI: [10.1080/13674676.2020.1768725](https://doi.org/10.1080/13674676.2020.1768725)

In Conversation

Judaism



In Conversation






A special Rosh Hashana gift bag has been created for every family in our congregation. Even though we won't be physically together on the holidays, we are still connected, and we want to show you how much we care.

We would love for you to come and pick up your gift bag on:

Wednesday September 16th Between 4 pm to 7 pm

Rabbi Wise and Cheryl Wise will be there in person to wish you a Shana Tova, with a smile and wave (with masks on of course)

High Holyday Schedule – 2020-5781 – all services on Zoom

(new zoom room information will be sent to you as you renew your membership)

ROSH HASHANA

| | | |
|--------------|--|----------|
| Fri sept. 18 | Rosh Hashana seder | 6:00 pm |
| Sat Sept.19 | RH morning service | 10:30 am |
| | RH afternoon family service | 2:00 pm |
| Sun. Sept.20 | RH Shofar blasts and tashlich (throwing sins away on bread to the river) | 10:30 am |

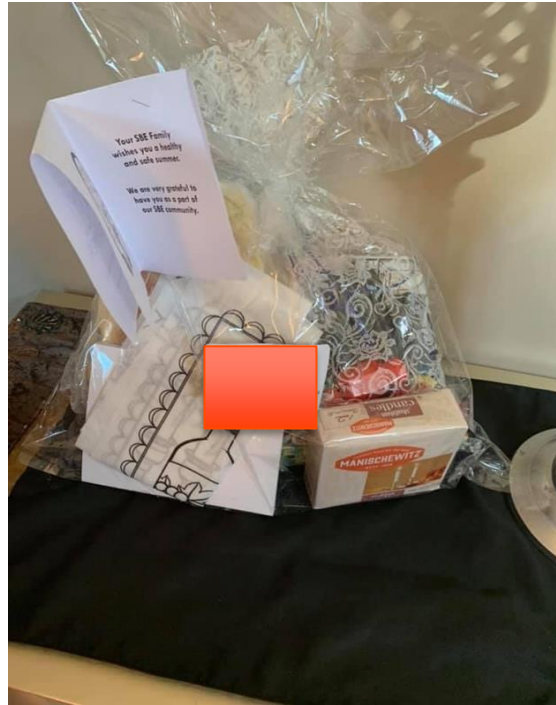
This will take place in person at the synagogue –

Sign up by family - maximum 10 family units in 15-minute intervals. Click [here](#) to sign up for your time.

YOM KIPPUR

| | | |
|----------------------|-------------------------------------|----------------|
| Sun. Sept. 27 | Kol Nidre Evening service | 7:30 pm |
| Mon. Sept. 28 | | |
| | YK morning service | 10:30 am |
| | Text study | 1:00 pm |
| | Musical healing service | 2:00 pm |
| | Changing your mindset | 3:00 pm |
| | Mincha afternoon service | 3:30 pm |
| | Family Service | 4:15 pm |
| | Meditation and Movement | 5:00 pm |
| | Yizkor | 5:30 pm |
| | Congregant Story talks | 6:00 pm |
| | Neilah (with youth presentations) | 6:30 pm |
| | Final Shofar Blast - Break the fast | 7:00 pm |

In Conversation



In Conversation

Christianity



Who we are: a family of believers

What we do: learn about God & share His love + truth!



Let's talk!

✉ sheridanscf@gmail.com

f Sheridan Christian Fellowship (Oakville)

@sheridan.scf

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● Sheridan Christian Fellowship

Jesus

About

Doctrine

Contact/联系

中文团契

Sheridan Christian Fellowship aims to glorify God,
encourage people to grow in relationship with Jesus,
and share the gospel

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In Conversation

Sheridan Christian Fellowship (SCF)

How COVID has impacted SCF...

Games



How SCF has impacted my faith...

- Serious deep topics in the Bible
- JOY
- Confession + fellowship
- Encouragement to love others & share the gospel

Bible studies



Church



In conversation

Sheridan Christian Fellowship (SCF)



SCF - prayer requests & meetups!

just wanted to ask how u were + let u know scf's still ongoing

tho if ppl are back home i assume theyre with their home churches

anything we could pray for u???

later. Sherry and I are praying for you today. Rejoice, because Grace is Grace

thank you!!

well we can pray for you if you got anything specific

we miss you too!!!! hope all is well

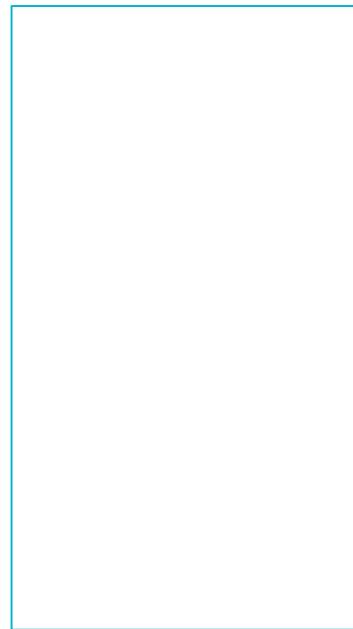
How our faith was affected by COVID...

- Gratitude
- Concern + connection
- Prayer
- Humility
- Need

LINKS!

- **Faith Baptist Church** Sunday service (right across from Sheridan Trafalgar). RSVP for in person, or just watch online
- **Faith Baptist Church** College & Careers group contact cc@faithoakville.ca
- **Desiring God** (desiringgod.org) for faith resources, also "Coronavirus and Christ" book
- **SCF Facebook** <https://www.facebook.com/groups/sheridance>
- **SCF Instagram** @sheridan.scf

SCF info video



In Conversation

Indigenous Spirituality

- Ontario Human Rights Code - Indigenous Spirituality
- Diverse nations - different customs, traditions, laws, and ways of knowing
- Smudging – sage, cedar, sweetgrass, tobacco
- Practising ceremony - challenges and opportunities
- Centre for Indigenous Learning and Support

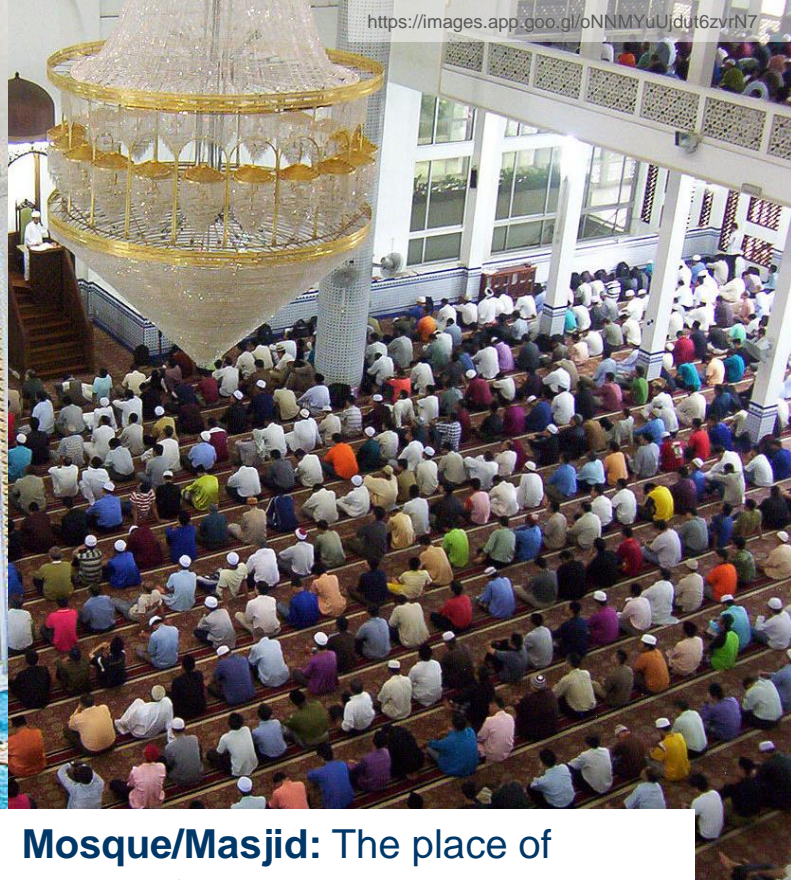


In Conversation

Islam

The Muslim Students' Association:

- Serves the needs of the large Muslim student body at Sheridan
- Offers support for all through an Islamic narrative
- Creating an open environment to host faith-related activities and programs.



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Mosque/Masjid: The place of worship for Muslims

Jummah: Means Friday, often used to refer to the Friday prayer

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Ramadan: a month of fasting, prayer and reflection observed by Muslims around the world

Iftar: the meal when the fast is broken (sunset)

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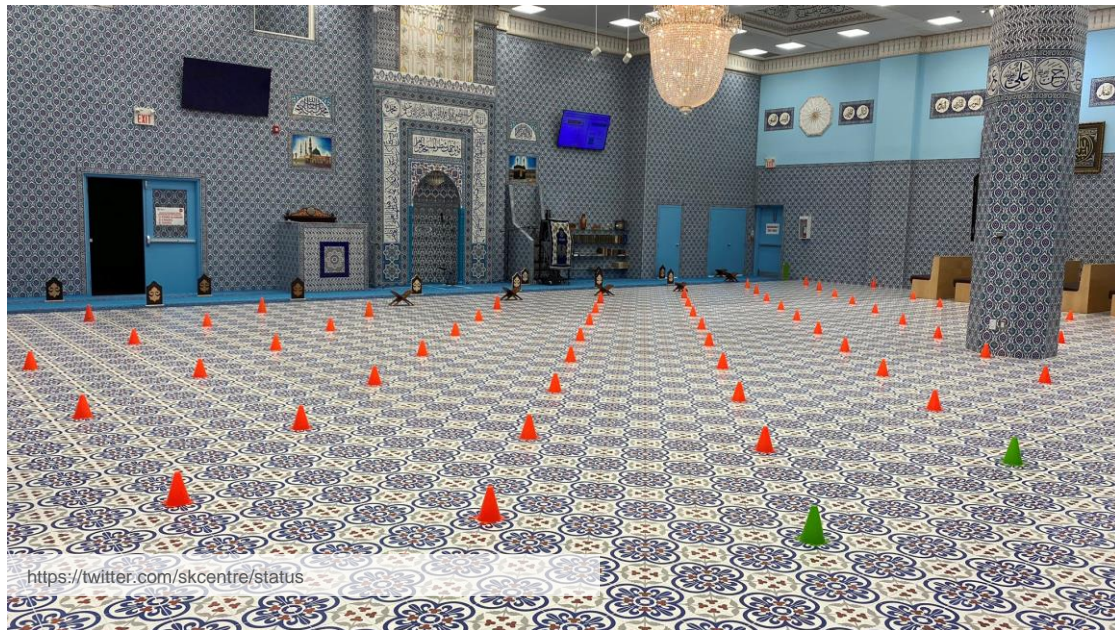


<https://www.wsj.com/articles/saudi-arabia-holds-modest-hajj-in-mecca-amid-coronavirus-worries-11596043731>




<https://globalnews.ca/news/6980764/coronavirus-missauga-mosque-social-distancing/>

What are we doing now?



Imam: Community leader
Sheikh: Scholar of Islam






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**Sayeda
Khadija
Centre**






LIMITED OPENING - PHASE 1
30% CAPACITY | SALAT PRAYER ONLY | AGES 13-70
All of our other programs (Jumu'ah, Halaqas, Classes, etc) will continue to be online

**PLEASE FOLLOW THE INSTRUCTIONS BELOW! THIS FACILITY IS INSPECTED.
MASJID OPENS 10 MINUTES BEFORE SALAT & 5 MINUTES AFTER SALAT**

1 STAY HOME
STAY HOME IF ANY SYMPTOMS OR HEALTH ISSUES
(Fever, Cough, Sore Throat, or any other health concern)
 FEVER
 COUGH
SORE THROAT
 ONLINE SELF
ASSESSMENT
STAY HOME IF UNDER 13 & OVER 70 (PHASE 1)
 UNDER 13
 OVER 70

2 BEFORE COMING
 **MUST REGISTER
ONLINE TO ENTER**
(for Jumu'ah Salah)
skcentre.eventbrite.ca
 **MAKE WUDU**
 **BRING PRAYER MAT**
 **BRING MASK**

3 UPON ARRIVING
 **FOLLOW SKC
INSTRUCTIONS**
(Following Lines, Long walk etc.)
 **SOCIAL DISTANCING**
2M / 6FT
 **WEAR MASK
BEFORE ENTERING**
 **SANITIZE HANDS
ENTER & EXIT**
 **NO WUDU
NO WASHROOM
NO WATER FOUNTAIN**

4 PRAYING
 **ONLY GO TO A
DESIGNATED SPOT**
 **USE YOUR OWN
PRAYER MAT**
 **SOCIAL DISTANCING**
2M / 6FT
 **WEAR MASK
AT ALL TIMES**
 **MUST WEAR SOCKS
KEEP SHOES WITH YOU**
(Bag provided or using from home)
**DO NOT MOVE FROM YOUR DESIGNATED SPOT EXCEPT WHEN LEAVING. DO NOT SOCIALIZE
PLEASE LEAVE IMMEDIATELY AFTER THE CONGREGATION SALAT. SUNNAH TO BE PRAYED AT HOME**

THANK YOU FOR YOUR COOPERATION
SAYEDA KHADIJA CENTRE HAS THE RIGHT TO DENY ENTRY/SERVICE TO ANY CONGREGANT AT ANY TIME FOR PUBLIC SAFETY Mobile App  FaithofLifeNetwork  skcentre.com  905-564-5509   

Community Initiatives

Join us for our upcoming event:
Charity Week

Events: ISNA Canada, Lanturna, Village of Razjan

Courses: SeekersGuidance, Qalam, Tayseer Seminary, Rabata (women lead), City of Knowledge (UK)

Connect with us



@sheridanMSA



MSA – Sheridan College –
Trafalgar

haroohaf@sheridancollege.com

Questions and Answers



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[GETTING STARTED](#)[UNDERSTANDING FAITH](#)[BOOKS & MORE](#)[RELIGIOUS TEXTS](#)[SCHOLARLY ARTICLES](#)[RESEARCH & WRITING](#)[ACADEMIC INTEGRITY](#)

Getting Started



This is a guide to locating information related to religious studies. Within this guide you'll find lists of resources available through the Sheridan Library, or on the web, as well as a few search tips to help you out.

In this Guide:

- ★ [Understanding Faith](#)
- ★ [Books & More](#)
- ★ [Religious Texts](#)
- ★ [Scholarly Articles](#)



Kathleen Oakey

[Email Me](#)

ESL, Humanities & Creativity, Language &
Literary Studies, Social & Life Sciences

Recommended Databases & Sites

[For Articles](#)[For Books](#)[For Encyclopedias & Dictionaries](#)[For Newspapers](#)

Journal articles focus on academic research and experiments. For each database below, instead of sentences try searching for KEYWORDS for your topic. Get tips for [Improving Your Search](#).

[Religion Database](#)[Gale OneFile: Religion and Philosophy](#)[Academic Search Complete](#)

Quick Links

- [Library Services](#)
- [Summon Search](#)
- [Databases A-Z](#)
- [E-journals A-Z](#)

Actions you can take

- Multi-Faith Prayer Rooms – DAV C323 HMCB 282 TRA SCAET 434/410
- [Indigenous Burning Protocol](#)
- [Interfaith Calendar](#) or add religious days of significance to Outlook calendar
- Library and Learning Services – [Research Guide on Religion](#)
- Learn more about Inclusive Event Planning [contact CEI](#)

